

Lighthouse Bay Apartment Homes

5055 S. Dale Mabry Hwy

Tampa, FL 33611

813- 831- 2684

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Lighthouse Bay Staff

Trish Graham.....Property Manager

Kim Page....Asst. Manager

Kris Larson.....Leasing Agent

Danny Hill.....Maint. Supervisor

Early Brooks.....Maint. Tech.

Juan Diaz.....Maint. Tech.

Lourdes Barrera.....Housekeeper

Office Hours

Monday - Friday 9:30 am - 5:30 pm

Saturday 10:00 am (Closed for Lunch) 5:00 pm

Sunday - Closed

Important Numbers

Office ... 813.831.2684

Fax ... 813.839.6147

Maintenance Emergency (after hours only) ...
813.882.6245

Courtesy Officer ... 813.842.5447

Tampa Police ... 813.354.6600

Emergency ... 911

March 2010 Community Newsletter



*Happy St. Patricks Day
March 17th*

St. Patrick's Day Night Parade: This annual parade, organized by the local non-profit organization Rough Riders, takes place on Saturday, March 15th as night falls on historical Ybor City. The parade filled with ornamental floats and brightly-colored beads usually begins around 8:00 and travels up Seventh through Centro Ybor until 10:00 p.m. It may be wise to get the kids home as the parade draws to a close though as Ybor City is known for it's young, late- night party crowd.

All of Tampa's Irish-themed family restaurants will also be open St. Patrick's Day offering family-friendly atmospheres and traditional Irish fare.

IRISH SODA BREAD

Ingredients

4 cups all-purpose flour

2 teaspoons baking powder

1 teaspoon baking soda

3/4 teaspoon salt

3 cups raisins

1 tablespoon caraway seeds

2 eggs, lightly beaten

1 1/4 cups buttermilk

1 cup sour cream

1/2 cup white sugar

Directions

1. Preheat oven to 350 degrees. Grease a 9 inch round cast iron skillet or a 9 inch round baking or cake pan.

2. In a mixing bowl, combine flour (reserving 1 tbs), sugar, baking powder, baking soda, salt, raisins and caraway seeds. In a small bowl, blend eggs, buttermilk and sour cream. Stir the liquid mixture into flour mixture just until flour is moistened. Knead dough in bowl about 10 to 12 strokes. Dough will be sticky. Place dough in the prepared skillet or pan and pat down. Cut a 4x3/4 inch deep slit in the top of the bread. Dust with reserved flour.

3. Bake in a preheated oven for 65 to 75 minutes. Let cool and turn bread onto a wire rack.



Egg Shells & Coffee Grounds in Your Garden

Why should you put egg shells in your garden?

Crushed egg shells add valuable nutrients to soil. Calcium is essential for cell growth in all plants. Calcium is especially important for fast growing plants because they quickly deplete the surrounding soil of calcium. Egg shells should be washed before you place them in your compost or into your garden.

Make sure you crush the egg shells before you add them to your garden. Egg shells that are not crushed will break down very slowly.

Ways you can use egg shells grounds in your garden:

- Instead of throwing eggs shells away, put them in the bottom of plant pots instead of stones. Egg shells are much lighter than stones and they are a great source of nutrition.
- Place egg shells in a circle on top of the ground surface around tender plant stems such as peppers, tomatoes, broccoli, cabbage to deter slugs and cutworms.
- Place egg shells in the soil near tomatoes. Calcium is very useful to tomatoes because the extra calcium will help prevent blossom end rot.

Can egg shells be used along with coffee grounds?

Yes. Egg shells provide calcium to your garden while coffee grounds provide a high content of nitrogen to your garden. Calcium and nitrogen supplements (egg shells and coffee grounds) will help keep your garden soil and plants healthy. *Article contributed by a fellow Lighthouse Bay resident - Thank you!*

Happy Birthday Everyone!

**Beverly 3/2, Benjamin 3/3, Demetrio 3/3, Alex 3/5,
Timothy 3/5, Allan 3/7, Asha 3/10, Erin 3/12, Arthur 3/12,
Ashley 3/13, Adrian 3/14, Coleman 3/16, Alwin 3/17,
Leanna 3/17, Hugo 3/17, Doug 3/19, Robert 3/19, Bradley 3/20,
Pranee 3/20, Gary 3/20, Genie 3/21, Tess 3/22,
Alberto 3/22, John 3/22, Jarrett 3/26, Brittany 3/27,
Kevin 3/27, Ashly 3/28, Christopher 3/28, Janet 3/28**

We wish everyone a fantastic and fun-filled birthday!

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 RENT IS DUE! Pest Control Outside Bldg 1	2	3	4 Pest Control Outside Bldg 2	5	6 RENT IS LATE! Add \$25
7	8 Pest Control Outside Bldg 3	9	10	11 Pest Control Outside Bldg 4	12	13
14 <i>Daylight Saving Time Begins</i>	15 Pest Control Outside Bldg 5	16	17 	18 Pest Control Outside Bldg 6	19	20 <i>1st Day of Spring</i>
21	22 Pest Control Outside Bldg 7	23	24	25 Pest Control Outside Bldg 8	26	27
28 <i>Palm Sunday</i>	29 Pest Control Outside Bldg 9 <i>Passover (Begins at Sunset)</i>	30	31			

Things To Do In Tampa Bay

Florida Strawberry Festival

March 4, 2010 - March 14, 2010

Times: 10am - 10pm daily

<http://www.flstrawberryfestival.com>

Location: Plant City, Florida

Phone: 813-752-9194

Admission: \$8.00 and \$4.00 in advance, \$10.00 and \$5.00 at the gate

The 2010 Florida Strawberry Festival celebrates 75 years March 4-14, 2010. Ranked as a top annual event in all of North America the festival highlights family oriented activities, features headline entertainment, crafts, plenty of great food, many free shows and of course the strawberries and more! Located in the winter strawberry capital of the world, Plant City, Florida!

